

## Swimming Timetable from 18 Jan 2019

### Main Pool

#### Friday 18 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

16:45 - 17:30 -- Aquafit

#### Monday 21 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 11:00 -- Reserved  
(School Swimming Lessons)

11:15 - 12:00 -- Aquafit

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:45 -- Public Swim

16:00 - 18:45 -- Swim Lesson

20:00 - 21:00 -- Public Swim

#### Saturday 19 Jan 2019

09:00 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 13:30 -- Public Swim

11:15 - 12:00 -- Fun Sessions  
(Inflatable Available)

13:30 - 16:00 -- Reserved  
(Available for private hire)

#### Sunday 20 Jan 2019

08:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only session. )

10:00 - 13:30 -- Public Swim

11:15 - 12:00 -- Fun Sessions  
(Inflatable Available)

13:30 - 16:00 -- Reserved  
(Available for private hire)

#### Tuesday 22 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

#### Wednesday 23 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

This timetable is current as of 18/01/2019. Activities and schedules subject to change.

Whilst we make every effort for classes to be covered, there may be occasions where we have no option but to offer an alternative class due to instructor availability.

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

## Thursday 24 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

15:00 - 18:30 -- Public Swim

16:00 - 18:30 -- Swim Lesson

18:30 - 20:00 -- Ladies Only

## Friday 25 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

## Saturday 26 Jan 2019

09:00 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 13:30 -- Public Swim

11:15 - 12:00 -- Fun Sessions  
(Inflatable Available)

13:30 - 16:00 -- Reserved  
(Available for private hire)

## Sunday 27 Jan 2019

08:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only session. )

10:00 - 13:30 -- Public Swim

11:15 - 12:00 -- Fun Sessions  
(Inflatable Available)

13:30 - 16:00 -- Reserved  
(Available for private hire)

16:45 - 17:30 -- Aquafit

## Monday 28 Jan 2019

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 11:00 -- Reserved  
(School Swimming Lessons)

11:15 - 12:00 -- Aquafit

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:45 -- Public Swim

16:00 - 18:45 -- Swim Lesson

20:00 - 21:00 -- Public Swim

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## Tuesday 29 Jan 2019

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18:30 - 20:00 -- Ladies Only

06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

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## Wednesday 30 Jan 2019

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06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

13:30 - 15:00 -- Reserved  
(School Swimming Lessons)

15:00 - 19:30 -- Swimming

16:00 - 18:00 -- Swim Lesson

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## Thursday 31 Jan 2019

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06:30 - 10:00 -- Public Swim  
(Please note this is an Adult Only Session)

10:00 - 12:00 -- Reserved  
(School Swimming Lessons)

12:00 - 13:30 -- Public Swim

15:00 - 18:30 -- Public Swim

16:00 - 18:30 -- Swim Lesson

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