

Swimming Timetable from 18 Jan 2019

Main Pool

Friday 18 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

09:30 - 10:00 -- Flat out and Floating

11:00 - 11:30 -- Hydro HIIT **NEW**

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(1 narrow lane)

19:30 - 20:30 -- Reserved
(One Life Tri Club)

19:30 - 20:30 -- Public Swim
(1 narrow lane)

Saturday 19 Jan 2019

08:00 - 09:00 -- Public Swim
(2 wide lanes)
(3 Narrow Lanes)

09:00 - 12:00 -- Public Swim
(Plus 1 narrow lane)

12:00 - 14:45 -- Public Swim

14:55 - 15:25 -- Floatfit **NEW**

15:00 - 16:00 -- Lane Swimming
(2 narrow Lanes)

Sunday 20 Jan 2019

08:00 - 09:00 -- Public Swim
(4 wide lanes)

09:00 - 17:00 -- Public Swim
(1 wide Lane)

09:00 - 17:00 -- Fun Sessions

17:00 - 17:50 -- Public Swim
(6 narrow lanes)

17:50 - 18:00 -- Reserved
(Pool Set Up)

18:00 - 20:30 -- Reserved
(One Life Tri Club)

19:30 - 20:30 -- Public Swim
(2 wide lanes)

20:30 - 22:00 -- Public Swim
(4 wide lanes)

Monday 21 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

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Whilst we make every effort for classes to be covered, there may be occasions where we have no option but to offer an alternative class due to instructor availability.

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(2 narrow lanes)

18:00 - 21:00 -- Reserved
(Tynedale Swimming Club)

20:00 - 21:00 -- Public Swim
(2 wide lanes)

21:00 - 22:00 -- Public Swim
(4 wide lanes)

Tuesday 22 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

11:30 - 12:00 -- Water for Sport

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(2 narrow lanes)

18:00 - 20:00 -- Reserved
(Tynedale Swimming Club)

20:00 - 22:00 -- Public Swim
(4 wide lanes)

Wednesday 23 Jan 2019

06:30 - 07:00 -- Public Swim
(4 wide lanes)

07:00 - 08:00 -- Public Swim
(3 wide lanes)

08:00 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(1 narrow lane)

18:00 - 21:00 -- Reserved
(One Life Tri Club)

18:00 - 19:00 -- Public Swim
(3 narrow lanes)

19:00 - 20:00 -- Public Swim
(1 narrow lane)

20:00 - 20:45 -- Lane Swimming
(2 Wide Lanes)

20:55 - 21:25 -- Floatfit **NEW**

Thursday 24 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

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09:45 - 10:15 -- Aquajog **NEW**

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 17:00 -- Public Swim

17:00 - 18:00 -- Public Swim
(1 narrow lane)

18:00 - 21:00 -- Reserved
(Tynedale Swimming Club)

20:00 - 21:00 -- Lane Swimming

21:00 - 22:00 -- Public Swim
(4 wide lanes)

Friday 25 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

09:30 - 10:00 -- Flat out and Floating

11:00 - 11:30 -- Hydro HIIT **NEW**

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(1 narrow lane)

19:30 - 20:30 -- Reserved
(One Life Tri Club)

19:30 - 20:30 -- Public Swim
(1 narrow lane)

Saturday 26 Jan 2019

08:00 - 09:00 -- Public Swim
(2 wide lanes)
(3 Narrow Lanes)

09:00 - 12:00 -- Public Swim
(Plus 1 narrow lane)

12:00 - 14:45 -- Public Swim

14:55 - 15:25 -- Floatfit **NEW**

15:00 - 16:00 -- Lane Swimming
(2 narrow Lanes)

15:30 - 16:00 -- Floatfit **NEW**

Sunday 27 Jan 2019

08:00 - 09:00 -- Public Swim
(4 wide lanes)

09:00 - 17:00 -- Public Swim
(1 wide Lane)

09:00 - 17:00 -- Fun Sessions

17:00 - 17:50 -- Public Swim
(6 narrow lanes)

17:50 - 18:00 -- Reserved
(Pool Set Up)

18:00 - 20:30 -- Reserved
(One Life Tri Club)

19:30 - 20:30 -- Public Swim
(2 wide lanes)

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20:30 - 22:00 -- Public Swim
(4 wide lanes)

Monday 28 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(2 narrow lanes)

18:00 - 21:00 -- Reserved
(Tynedale Swimming Club)

20:00 - 21:00 -- Public Swim
(2 wide lanes)

21:00 - 22:00 -- Public Swim
(4 wide lanes)

Tuesday 29 Jan 2019

06:30 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

11:30 - 12:00 -- Water for Sport

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(2 narrow lanes)

18:00 - 20:00 -- Reserved
(Tynedale Swimming Club)

20:00 - 22:00 -- Public Swim
(4 wide lanes)

Wednesday 30 Jan 2019

06:30 - 07:00 -- Public Swim
(4 wide lanes)

07:00 - 08:00 -- Public Swim
(3 wide lanes)

08:00 - 08:50 -- Public Swim
(4 wide lanes)

08:50 - 09:00 -- Reserved
(Pool Set Up)

09:00 - 12:00 -- Public Swim

09:00 - 12:00 -- School Swimming

12:00 - 12:10 -- Reserved
(Pool Set Up)

12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)

13:00 - 18:00 -- Public Swim

13:00 - 14:00 -- School Swimming

15:30 - 18:00 -- Public Swim
(1 narrow lane)

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- 18:00 - 21:00 -- Reserved
(One Life Tri Club)
- 18:00 - 19:00 -- Public Swim
(3 narrow lanes)
- 19:00 - 20:00 -- Public Swim
(1 narrow lane)
- 20:00 - 20:45 -- Lane Swimming
(2 Wide Lanes)
- 20:55 - 21:25 -- Floatfit **NEW**

Thursday 31 Jan 2019

- 06:30 - 08:50 -- Public Swim
(4 wide lanes)
- 08:50 - 09:00 -- Reserved
(Pool Set Up)
- 09:00 - 12:00 -- Public Swim
- 09:00 - 12:00 -- School Swimming
- 09:45 - 10:15 -- Aquajog **NEW**
- 12:00 - 12:10 -- Reserved
(Pool Set Up)
- 12:10 - 13:00 -- Public Swim
(2 lanes during school holidays)
- 13:00 - 18:00 -- Public Swim
- 13:00 - 14:00 -- School Swimming
- 15:30 - 17:00 -- Public Swim
- 17:00 - 18:00 -- Public Swim
(1 narrow lane)
- 18:00 - 21:00 -- Reserved
(Tynedale Swimming Club)
- 20:00 - 21:00 -- Lane Swimming
- 21:00 - 22:00 -- Public Swim
(4 wide lanes)

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