

Swimming Timetable from 18 Jan 2019

Main Pool

Monday 21 Jan 2019

06:15 - 09:15 -- Early morning
(early bird swim)

09:15 - 10:00 -- Aquafit

10:00 - 13:00 -- Public Swim
(10.00-10.30am little swimmers 0-18mths 10.30-11.00am little swimmers 18-36mths using 2 lanes in the pool)

10:00 - 10:30 -- Little Swimmers
(little swimmers 0-15 months)

10:30 - 11:00 -- Little Swimmers
(little swimmers 15-36 months)

13:00 - 14:30 -- School Swimming
(pool closed for school swimming)

14:30 - 16:00 -- Public Swim
(general swim)

16:00 - 20:00 -- Lane Swimming
(lane swimming - 2 lanes available for public use)

16:00 - 18:45 -- Learn to swim
(LEARN 2 SWIM)

20:00 - 21:00 -- Lane Swimming

Tuesday 22 Jan 2019

07:00 - 09:00 -- Early morning

09:00 - 13:00 -- Public Swim
(general swim)

13:00 - 14:30 -- School Swimming
(POOL CLOSED FOR SCHOOL SWIMMING LESSONS)

14:30 - 15:30 -- Public Swim
(adult swim)

15:30 - 17:00 -- Public Swim
(general swim)

17:00 - 18:00 -- Learn to swim
(LEARN 2 SWIM)

17:00 - 18:00 -- Public Swim
(lane swim-2 lanes available for public use)

18:00 - 18:45 -- Aqua Natal

18:45 - 19:30 -- Aquafit

19:30 - 20:30 -- Ladies Only

20:30 - 22:00 -- Public Swim
(Adult Swim)

Wednesday 23 Jan 2019

06:15 - 09:00 -- Early morning

09:00 - 09:30 -- Public Swim
(GENERAL SWIM)

09:30 - 11:30 -- School Swimming
(POOL CLOSED SCHOOL SWIMMING LESSONS)

11:30 - 13:00 -- Public Swim
(GENERAL SWIM)

13:00 - 14:30 -- School Swimming
(pool closed)

14:30 - 16:00 -- Public Swim
(general swim)

16:00 - 17:30 -- Lane Swimming
(LANE SWIM - 2 LANES AVAILABLE FOR PUBLIC USE)

16:00 - 17:30 -- Learn to swim
(LEARN 2 SWIM)

17:30 - 18:30 -- Public Swim
(general swim)

18:30 - 19:00 -- Aquafit
(aqua hiit)

19:00 - 20:00 -- Lane Swimming
(3 lanes available for public use)

Thursday 24 Jan 2019

07:00 - 09:30 -- Early morning

This timetable is current as of 18/01/2019. Activities and schedules subject to change.

Whilst we make every effort for classes to be covered, there may be occasions where we have no option but to offer an alternative class due to instructor availability.

09:30 - 11:30 -- School Swimming
(pool closed)

11:30 - 12:00 -- School Swimming

12:00 - 13:00 -- Public Swim
(general swim)

13:00 - 14:30 -- School Swimming
(POOL CLOSED SCHOOL SWIMMING LESSONS)

14:30 - 17:00 -- Public Swim
(GENERAL SWIM)

17:00 - 18:50 -- Lane Swimming

18:50 - 19:35 -- Aquafit

19:45 - 22:00 -- Public Swim
(adult swim)

Friday 25 Jan 2019

06:15 - 09:00 -- Early morning
(early bird swim)

09:00 - 09:45 -- Aquafit
(aqua fit)

09:45 - 11:15 -- School Swimming
(POOL CLOSED FOR SCHOOL SWIMMING LESSONS)

11:15 - 13:00 -- Public Swim
(GENERAL SWIM)

13:00 - 15:00 -- School Swimming
(POOL CLOSED FOR SCHOOL SWIMMING LESSONS)

15:00 - 17:30 -- Public Swim
(2 lanes available for the more serious swimmer)

17:30 - 18:30 -- Family Fun
(family fun session) **NEW**

Saturday 26 Jan 2019

10:00 - 11:00 -- Public Swim
(general swim)

11:00 - 15:00 -- Fun Sessions

Sunday 27 Jan 2019

08:00 - 10:00 -- Public Swim
(general swim)

10:00 - 14:00 -- Fun Sessions

14:00 - 15:00 -- Pool inflatable sessions

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