

## Swimming Timetable from 18 Jan 2019

### Main Pool

#### Monday 21 Jan 2019

07:00 - 08:30 -- Early morning

08:30 - 21:00 -- Public Swim  
(Other sessions running alongside)

21:00 - 22:00 -- Twilight Swim  
(Age 16+ only )

#### Tuesday 22 Jan 2019

07:00 - 08:30 -- Early morning

08:30 - 11:00 -- Public Swim

11:00 - 19:00 -- Public Swim

19:00 - 20:00 -- Public Swim  
(& Accessible Swimming session)

20:00 - 21:00 -- Public Swim

21:00 - 22:00 -- Twilight Swim  
(Age 16+ only )

#### Wednesday 23 Jan 2019

07:00 - 08:30 -- Early morning

08:30 - 17:00 -- Public Swim  
(Other Session running alongside )

17:00 - 18:00 -- Reserved  
(Private Hire)

18:00 - 21:00 -- Public Swim  
(Other sessions running alongside)

21:00 - 22:00 -- Twilight Swim  
(Age 16+ only )

#### Thursday 24 Jan 2019

07:00 - 08:30 -- Early morning

08:30 - 09:30 -- Public Swim

10:00 - 21:00 -- Public Swim

10:45 - 11:30 -- Aquafit

19:30 - 20:15 -- Aquafit

21:00 - 22:00 -- Twilight Swim  
(Age 16+ only )

#### Friday 25 Jan 2019

07:00 - 08:30 -- Early morning

08:30 - 19:00 -- Public Swim  
(at least 2 lanes available for general swim)

19:00 - 20:00 -- Kayaking  
(Beginner)

20:00 - 21:00 -- Kayaking  
(Improver)

21:00 - 22:00 -- Twilight Swim  
(Age 16+ only )

#### Saturday 26 Jan 2019

08:00 - 09:00 -- Public Swim  
(Adult Lane Swim)

09:00 - 14:00 -- Public Swim

14:00 - 15:00 -- Fun Sessions

15:00 - 19:00 -- Public Swim

19:00 - 20:00 -- Public Swim  
(Adult Only)

#### Sunday 27 Jan 2019

08:00 - 10:00 -- Public Swim  
(Adult Swim)

This timetable is current as of 18/01/2019. Activities and schedules subject to change.

Whilst we make every effort for classes to be covered, there may be occasions where we have no option but to offer an alternative class due to instructor availability.

10:00 - 14:00 -- Public Swim  
14:00 - 15:00 -- Fun Sessions  
15:00 - 19:00 -- Public Swim  
19:00 - 20:00 -- Public Swim  
(Adult Only)

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## Small Pool

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### Monday 21 Jan 2019

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10:00 - 12:00 -- Swim Lesson  
12:00 - 13:00 -- Public Swim  
13:00 - 14:30 -- Swim Lesson  
14:30 - 16:00 -- Public Swim  
16:00 - 18:00 -- Swim Lesson  
18:00 - 20:00 -- Public Swim

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### Tuesday 22 Jan 2019

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09:00 - 12:00 -- Swim Lesson  
12:00 - 13:00 -- Public Swim  
13:00 - 14:30 -- Swim Lesson  
14:30 - 15:30 -- Public Swim  
15:30 - 18:00 -- Swim Lesson  
18:00 - 20:00 -- Public Swim

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### Wednesday 23 Jan 2019

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09:00 - 12:00 -- Swim Lesson  
12:00 - 13:00 -- Public Swim

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13:00 - 14:30 -- Swim Lesson

14:30 - 15:30 -- Public Swim

15:30 - 18:00 -- Swim Lesson

18:00 - 20:00 -- Public Swim

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### Thursday 24 Jan 2019

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09:00 - 12:00 -- Swim Lesson

12:00 - 13:00 -- Public Swim

13:00 - 14:30 -- Swim Lesson

14:30 - 16:00 -- Public Swim

16:00 - 18:00 -- Swim Lesson

18:00 - 20:00 -- Public Swim

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### Friday 25 Jan 2019

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09:00 - 12:00 -- Swim Lesson

12:00 - 13:00 -- Public Swim

13:00 - 14:30 -- Swim Lesson

14:30 - 16:00 -- Public Swim

16:00 - 18:00 -- Swim Lesson

18:00 - 20:00 -- Public Swim

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### Saturday 26 Jan 2019

---

10:00 - 14:00 -- Public Swim

14:00 - 15:00 -- Fun Sessions

15:00 - 17:00 -- Public Swim

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### Sunday 27 Jan 2019

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10:00 - 14:00 -- Public Swim

14:00 - 15:00 -- Fun Sessions

15:00 - 17:00 -- Public Swim

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